



ASPEN Young Innovators Surgical Techniques and Wound Healing
 Webinar | February 24th, 2026 | 8:30pm ET
 Moderated by Timothy Lubenow, MD, Daniel Pak, MD, and Yussr Ibrahim, MD

Duration	Topic	Presenter
2 minutes	Welcome to the Session	Moderators: Timothy Lubenow, MD, Daniel Pak, MD, and Yussr Ibrahim, MD
15 minutes	Phases of Wound Healing: Hemostasis, Inflammation, Proliferation, and Remodeling/Maturation	Benjamin Souferi, DO, MS
15 minutes	Suture Materials, Suture Needles and Commonly Used Surgical Instruments	Adam Delora, MD, MS
15 minutes	Surgical Technique for a 3 Layer Closure	Saarang Singh, MD
10 minutes	Q&A	All Panelists
3 minutes	Closing Remarks	Moderators: Timothy Lubenow, MD, Daniel Pak, MD, and Yussr Ibrahim, MD