



What Your MRI Is Telling You:  
Why Multifidus Dysfunction Changes How We Think About CLBP  
Webinar | April 28, 2026 | 5:00 PM PST  
Moderated by Anuj Shah, DO and Harman Chopra, MD

Duration	Topic	Presenter
2 minutes	Welcome to the Session	Anuj Shah, DO and Harman Chopra, MD
15 minutes	The Role of the Multifidus in Spinal Stability & CLBP	Vinny Francio, MD
15 minutes	Screening/Diagnosing Multifidus Dysfunction	Rebecca Sanders, MD
15 minutes	Treatment options for mCLBP associated with multifidus dysfunction	Christopher Paul, MD
10 minutes	Q&A	All Panelists
3 minutes	Closing Remarks	Anuj Shah, DO and Harman Chopra, MD

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