



ASPAN Young Innovators Webinar:
Advances in Minimally Invasive Treatment of Spinal Stenosis
Webinar | May 19, 2026 | 5:00 PM PST
Moderated by: Dan Pak, MD, Timothy Lubenow, MD, and Yussr Ibrahim, MD

Duration	Topic	Presenter
3 minutes	Welcome to the Session	Dan Pak, MD, Timothy Lubenow, MD, and Yussr Ibrahim, MD
15 minutes	Lumbar Spinal Stenosis Pathology	Hasan Rashid, MD
15 minutes	PILD Procedure, Interspinous Spacers	Steven Sprenger, MD
15 minutes	Interspinous Fixation	Ingharan J Siddarthan, MD
10 minutes	Q&A	All Panelists
2 minutes	Closing Remarks	Dan Pak, MD, Timothy Lubenow, MD, and Yussr Ibrahim, MD